

OUTDOOR RECREATION



Two Day Dolomiti Hike - Refugio

DATE: Saturday-Sunday, 24-25 July 2010

PRICE: Just \$95/person

SIGN-UP DEADLINE: 22 July 2010

AGE REQUIREMENTS: 15+ years of age

MINIMUM: 5 Persons **MAX:** 9 persons



DESCRIPTION OF THE TRIP:

This Two Day Dolomite Hike will take us up among the limestone towers and spires of the Italian Dolomites and will give you access to situations that would otherwise be experienced by the high-elevations trekkers only. Experience Via Ferrata first hand otherwise known as the *Iron ways*, so called because iron handrails, wire ropes and iron ladders are used in route. These routes will allow walkers of modest climbing ability the chance to experience a big mountain environment. Beware, the trip is not suitable for those without a good head for heights. So... if you are very fit and have a good head for heights then join us for this extreme 2 day Dolomiti high mountain climbing experience!

TRIP PRICE INCLUDES:

Round trip transportation, guide, one nights lodging with dinner and breakfast at the refugio pictured. Equipment included: backpack, Via Ferrata kit, protective helmet, climbing harness.

BRIEF ITINERARY:

Saturday: 0730 Depart Outdoor Recreation

0930 Arrive at the hike start sight **1700** Summit descend to Refugio

Sunday: 0900 Pack up and start trail back down to trail head and vans

SPECIAL NOTE:

Person must not be afraid of heights. This trip is for the very fit only who have good footing and head for high altitude hiking.



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